**Emergency Kit Checklist **

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▢ 3-day water supply (at least a gallon per person per day)

▢ 2-week supply of non-perishable food (dried fruit, canned tuna fish, peanut butter, etc.)

▢ Manual can opener

▢ Mess kits, paper plates, plastic cups, utensils

▢ Paper towels

▢ First aid kit

▢ Sanitizer, 60% + alcohol, antibacterial soap, disinfectant wipes/spray

▢ Flashlights with extra batteries

▢ Battery-powered or hand-cranked radio with extra batteries

▢ Whistle to signal for help

▢ Local maps

▢ Sleeping bag or warm blanket for everyone in your family

▢ Cell phone with charger, extra battery, and solar charger

▢ Extra set of car keys and house keys

▢ Change of clothes appropriate for your climate and sturdy shoes – for each person in the house

▢ Matches in a waterproof container or re-sealable plastic bag

▢ Toothbrush, toothpaste, soap, and hand sanitizer

▢ Cash or traveler’s checks

▢ Copies of important family documents (medical records, insurance policies, ID card, bank records) in waterproof, portable container

▢ Family and emergency contact information

▢ At least a two-week supply of prescription medicines for each family member, including medicine name, dose, pharmacy name and number, and doctor’s name and number

▢ Non-prescription medicines, such as pain relievers, anti-diarrhea medicine, antacids and laxatives